

# Respect Honesty Pride Success

<b>MAY</b>		<b>Mother Day Stall</b>	<b>SECONDARY COLLEGE INFORMATION</b>
TUES 6	Mother's Day Stall	Help is needed and will be greatly appreciated with running of the stall. Please join the ladies in the Multipurpose room from 9am on any of the days or leave your name and contact details at the Office.	<u>Mount Alexander College</u> —Open Day—Sunday 4 May 10—12. Tours every Wednesday morning 9am. 9376 1622
WED 7	Year 2 Swimming continues Mother's Day Stall Prospective Parent Information Evening 6pm		<u>Essendon Keilor College</u> —Niddrie Campus—Open Day—Wednesday 7 May. Day tours 9.30am, 11.30am and 1.45pm. Evening Program—tour 6pm—Presentation 7pm. School tours also available on Wednesday and Friday and 9.15am.
THURS 8	Mother's Day Stall		
MON 12	Year 6 Reach Program		
TUES 13	Year 1 excursion to Museum & Imax		
WED 14	Year 2 Swimming continues Prep excursion to Zoo		
THURS 15	Year 2 incursion Wild Action		
WED 21	Year 2 Swimming continues		

## MESSAGE FROM BARB.

### ANZAC Day

It is with great pride that I thank the following students for representing our school at the ANZAC day ceremony at Craigieburn SES last Friday. Our students throughout the school have been learning the history of the ANZACS and the important role they played at Gallipoli. The students who attended the ceremony showed absolute respect and their behaviour mirrored the solemnity of the occasion. I would also like to thank the families of the students and Erin Cooper, grade two teacher who supported the children. I would also like to acknowledge Seb Naselli, for his organisation to ensure our school had representation at this very important and solemn ceremony. Thank you to Douglas Kvalheim, Niran Onal, Jessica – Rose, Stephanie-Jade and Felicity Jo Szuhai - Andrews, Brianna Lonigro, Alicia and Mitchell Adorna, Keira and Caleb Gay. You displayed exemplary behaviour and we are proud of you.

### The Importance of Resilience

Our mantra for this school year that underpins our every-day work is: *Creating a school of possibilities*. For our students to be the very best they can be and to prepare them for the future it is important our children are able to show resilience. Resilience is the ability to steer through life challenges and find ways to bounce back and thrive. Resilience is something we have or don't have but is something we all need to work on throughout our lives. This skill or strategy becomes a part of our toolbox for life and it is never too early to start learning those skills. Parents are the most important people to help build their children's resilience. Children learn a lot by watching their parents. When parents cope well with every day stress, they are showing their children how to do the same. Resilience makes a big difference in people's lives. People who respond to hardships with resilience according to the American Psychological Association are: healthier and live longer, happier in their relationships, more successful in school and work, less likely to become depressed.

### What builds resilience?

Many things that support healthy development in young children also help build their resilience. These things include:

- A secure bond with a caring adult
- Relationships with positive role models
- Opportunities to learn skills
- Opportunities to participate in meaningful activities

These strategies and information is taken from the Best Start Resource Centre, Ontario. [www.beststart.org](http://www.beststart.org)



# Why Your Child Can't Skip Their 20 Minutes of Reading Tonight

**James**

reads 20 minutes per night,  
5 times per week



**Travis**

reads only 4 minutes per night  
...or not at all



**In one week:**

**100**  
minutes of reading



**20**  
minutes of reading

**In one month:**

**400**  
minutes of reading



**80**  
minutes of reading

**In one school year (9 months):**

**3600**  
minutes of reading



**720**  
minutes of reading

**By the end of sixth grade:**

**21,600**  
minutes of reading



**4320**  
minutes of reading

- Which student would you expect to read better?
- Which student would you expect to know more?
- Which student would you expect to write better?
- Which student would you expect to have a better vocabulary?
- Which student would you expect to be more successful in school and life?
- How do you think each student will feel about himself as a learner?



**GREER GENIUS**  
INTELLIGENT CURRICULA WEB DESIGN

Dear Parents,

It has been wonderful how everyone has been participating in all kinds of activities. The Year 4 students have been busy organising another wonderful activity for every single student and teacher to participate in. The reason this is so special, is that the school will be donating all the money raised to the Royal Children's Hospital to help the children who are very sick. The name of this fantastic activity is Fun, Crazy, Outrageous Sock Day. It will cost a gold coin donation. We invite students to wear their craziest sock combination. This day will be on Tuesday 6<sup>th</sup> May 2014. We hope you can support this wonderful cause. Emirhan Sezgin.

We are in need of any Lego blocks that you may have floating around looking for a new home. Our kids would really love them.

Much appreciated.

Margaret. Out of School Hours Program Coordinator.

The Victorian Child Oral Health Survey is coming to Roxburgh Homestead Primary School. 115 families have been randomly selected to participate in a survey. Those families will receive information tomorrow via their children. Your participation will help contribute to the collection of important and useful oral health data used to improve dental services across Victoria.