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Respect Honesty Pride Success

Hello everyone,

As we move closer to the last 3 weeks of school for 2015, I would like to say a very big thank you to our school council fundraising committee, our school community and school staff for your support with our fundraising so far this year. From all reports the sausage sizzle at Masters in Roxburgh Park on Sunday was a great success attended by parents and teachers working side by side to raise money for our school. Well done everyone.

I would also like to thank Gayle Dawson, Family Life Victoria and the 20 families that came along with their children to last Thursday night's presentations. These were very informative sessions and feedback from parents was very positive. On the night, parents told me that the sessions had allowed opportunity for them and their children to talk openly and honestly, which is fabulous.

We have been notified by the Education Department that they will be removing and replacing 4 of our portable classrooms over the next 6 weeks. As of next Friday the 4th December, our building works will begin. A large part of the oval will be fenced off and machinery will be brought in. There will be an exclusion zone erected to keep students away from the building works. The new portables will be brought in and placed either side of the fenced soccer area on Friday 4th December and Thursday 10th December. This will mean access through the side gate near the underpass and shops will not be able to be used on these days. The old portables will be removed during the school holidays.

Next Friday at our whole school assembly we will be visited by Frank Maguire MP who will be presenting 3 of our students with leadership / achievement awards. Congratulations to all.

Regards

Sandra James (Acting Principal)

ARE YOU LEAVING?

Are you leaving Roxburgh Homestead Primary School at the end of this year?
If so, please let us know asap to assist with our planning for 2016.

Name _____ Class _____ School in 2016 _____

Name _____ Class _____ School in 2016 _____

Name _____ Class _____ School in 2016 _____

Bu notu anlamak için yardıma ihtiyacınız olursa,

lütfen genel ofise gelin.

ولتقديم اي نوع من المساعدة يرجى الاتصال بالادارة العامة للمدرسة

dates to Remember

NOVEMBER/DECEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT / SUN
30 Yr 4 Camp Prep Incursion	DEC 1 Yr 4 Camp	2 Yr 4 Camp	3 Yr 3 excursion— Immigration Museum	4 Assembly Last day for pay- ing for books.	5 & 6
7	8 Yr 6 Transition Day	9	10 Bookpack pickup day between 9am-10am & 2.30pm-3.30pm	11 Reports go home	12 & 13
14 Last newsletter for 2015	15 2016 class lists Published Yr 6 Graduation	16 Yr 6 to Funfields	17	18 NO LUNCH ORDERS— COUNTER SALES ONLY School finishes at 1.30	

TERM DATES FOR 2016

Term 1: Teachers Wednesday 27 January
Thursday 28 January—pay and collect books 9.30am and 12.30pm
Years 1—6 Friday 29 January
Preps Monday 1 February—24 March

Keep up with school events by reading the newsletter each week. It is available **in colour** fortnightly on a Friday on the school website at www.roxhomesteadps.vic.edu.au



REMINDER

We finished at 1.30 on the last day of term—18th December so there will be no lunch orders on that day.

OUT OF SCHOOL HOURS CARE.

Vacation Care.

Brochures for the January Vacation Care Program are now available and can be collected from the Multi Purpose Room or the front office.

Bookings will be taken between Monday 30th November and Friday 18th December.

Enrolments for 2016.

Enrolment forms for 2016 are being given out this week. All bookings for 2015 will cease as of December 31. Attendances in 2016 without a new enrolment will incur the casual fee.



6 Natalie/Nicole sold 482 bandanas for Kids with cancer, making a grand total of \$1928 for Canteen. A big thank you to all who supported this wonderful cause.

Every dollar raised will help CanTeen provide both practical and emotional support for young people.

- \$50 will help pay for one young person to attend a CanTeen Recreation Day and have a break from the daily pressures of living with cancer.
- \$100 will help pay for one young person who has lost a parent or sibling to cancer to attend a weekend program where they learn to understand grief and develop skills to manage it.
- \$350 will enable two young people living with cancer to have an hour long face-to-face counselling session.
- \$500 will enable two young people to attend a one-night New Member Program to get a taste of what a CanTeen program involves and start connecting with others going through similar experiences.

The National Bandanna Day team would like to really thank you for your support and for making a difference to the lives of young people living with cancer!

eSmart News

You might have heard your child talk about a website or game being 'inappropriate'. This is the term we use to describe content on the Internet- websites, images and games which are not suitable for children of their age. This could include swearing, rude words and pictures and violence.

At school students are taught to use the Internet in safe and acceptable ways, but sometimes they may access inappropriate content (either intentionally or accidentally). The ways we ensure that they are safe at school are:

1. Having eSmart Acceptable Use Agreements for all Year levels
2. Having a filtered Internet connection
3. Teaching them how to use the Internet safely and what to do if something comes up that makes them feel uncomfortable.

So what can you do at home to protect your child from accessing 'inappropriate' content on the Internet? Read the following article from Bullystoppers for tips and ideas.

(<http://www.education.vic.gov.au/about/programs/bullystoppers/Pages/advicecybersafe.aspx>)



Inappropriate Content

Young people have access to a virtually limitless world so parents should be aware of the risks.

What is inappropriate content?

The internet offers the chance to explore a virtually limitless world without the constraints of the ‘real’ world. Content on the internet is not broken into age or developmentally appropriate areas. Without supervision and guidance, a young child can either unintentionally or purposely find content that is disturbing, explicit or inappropriate.

Just as you would ensure that the books you read to your child are age appropriate and the TV shows they watch are suitably rated, you should monitor what your child is doing, and where they are going, online.

Most internet users will at some stage come across confronting content online and in the majority of cases this will not cause long-term harm. Problems can arise when this exposure is constant and is not discussed with a parent who can provide a balanced view.

Some specific examples of potentially damaging content for children and teenagers include sites which encourage eating disorders or self-harm. For young people with mental health issues such as depression or an eating disorder, these sites can be damaging as they create an environment where users may normalise behaviour which is harmful (for example encouraging self-harm, or extreme calorie restrictions). Be aware that young people looking for these websites will find them.

Many disturbing websites are not ‘illegal’ which means that it is up to a parent to monitor and manage. You would not feel safe allowing your child to wander aimlessly through a large city, alone and in the middle of the night. The internet is like a large city, full of good and bad and a place that a child needs to be supervised.

The issues of curiosity and exploration are the same for every generation, but the internet means there is far more information which is far more easily accessible. Parents may once have looked up a ‘rude’ word in a dictionary—children today will Google the word instead. Rather than looking up pictures of nude bodies in a biology textbook at the library, today kids can get videos rolling online very quickly.

What can I do to protect my child online?

The most important thing you can do is engage in open and honest communication. Use the internet together and make it part of your family’s activities. You do many other activities with your child: walking the dog, going to the movies, and playing in the park—so spend some time online as well. The more you explore together, the more you will learn about their online behaviours and interests.

Inappropriate Content

More options include:

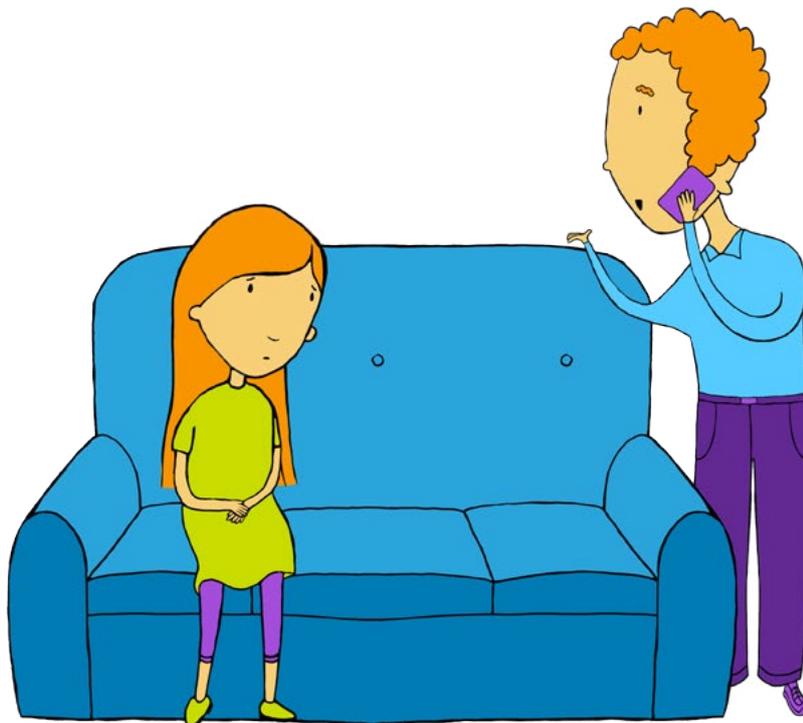
- **Have a home-based 'Acceptable Use Agreement'**. You have rules in the real world about what your expectations are, you can have similar rules and consequences for the internet.
- **Use an internet filter.** These can be downloaded for free, or purchased from an IT retailer. Remember that sometimes filters fail, and they can be bypassed—for example, by using the neighbour's unsecured Wi-Fi.
- **Use parental controls.** You may not be aware that most computers, net browsers, tablets, smartphones and gaming consoles have some level of parental control—for example, the ability to block access to certain categories of websites. These are not the default settings, so you must activate them yourself.

Talk with your child

Ensure that you regularly talk with your children about their online experiences. Ask them what they have seen or done, and if they have had any problems. If you hear about a site which concerns you, have a look for yourself.

Make sure that you continually reinforce to your children that nothing is so bad that they can't talk to you about it. Let them know that they should come and tell you when they have any problems online, see something that they know is wrong, or anything that upsets them.

Children often fear telling a parent about an online issue as they think this will result in blocking their access to the computer and internet. Don't threaten to disconnect your child—this will only cause them to keep online problems hidden from you.



Cultural diversity: Suggestions for families

Parenting across cultures has particular challenges. Sometimes children and their parents or carers have different ideas about how to balance the values and expectations of two cultures. When children have a sense of belonging to both cultures it supports positive mental health and wellbeing. The following suggestions may assist you and your children to achieve a positive sense of belonging in both cultures.

Celebrate your own culture

Developing a positive sense of cultural identity supports children's self-esteem and their sense of belonging. By telling stories and sharing customs you can help children to connect with their cultural heritage. It is important to talk to children in ways that are appropriate for their age and interest. Knowing and taking pride in their own heritage can help children feel comfortable and secure with their identity.

Build social networks

Friendships and social networks are important both for children and for families, helping them to feel part of the community. Making connections with local people is important for feeling welcomed and building a sense of belonging in Australian society. Your connections may be with your own cultural group or you may prefer to build your connections with another cultural group. Your child's school can be a great meeting point for parents and carers where long-term friendships develop.

Get to know your child's school

Becoming involved in your child's school is a great way for families to feel connected to their community. There are often opportunities to participate in school events which may help you to get to know your child's school and the school community. Forming relationships with school staff can also help you to feel like you belong. For instance, having a good relationship with your child's teachers will allow you to ask questions about your child's progress, and share your cultural background with them. When families and teaching staff develop relationships, they are more likely to understand each other's perspectives, talk through concerns and support children together.



Learn about parenting in Australia

Some parenting practices may be quite different in different cultures. Finding out about parenting practices and expectations in Australia, including things like legal requirements of parents and supports available, can help you work out the best ways to manage problems that may arise. Many families from culturally diverse backgrounds find that blending the best parenting ideas and practices from both cultures is very helpful.

Be flexible

Children can feel confused when the values and behaviours expected at home seem to be different from what happens with their friends. It is helpful to be flexible when deciding on rules and expectations so you can take into account any difficulties your children may be facing. Listening to your children and talking openly about the concerns they may have regarding different expectations for school and home means that solutions can be found through understanding and compromise.

Be patient

Adjusting to a new life after migration has lots of challenges for both families and children. Establishing a secure and caring home environment helps to provide children with a sense of stability. Finding people who understand you and can support you as you settle in is really important. It is also often very important to access the help that is available through government agencies, community organisations and English language programs.

Seek support

Getting help in your own language can be especially important at times of stress or when dealing with complex issues. Many community organisations around Australia provide specific support and advice from a cultural perspective. Some organisations offer regular meetings or short courses to help with parenting or other family issues.



This resource is part of a range of KidsMatter Primary information sheets for families and school staff. View them all online at www.kidsmatter.edu.au



Australian Government

Department of Health and Ageing



**Principals
Australia
Institute**
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FAMILY FUN NIGHT

4TH DECEMBER, 2015

4pm - 7pm

**ROXBURGH PARK
PRIMARY SCHOOL**

**COME ALONG AND HAVE
SOME FUN, THERE WILL BE**

SHOWBAGS

Rides, Food Trucks, Sumo Wrestling, Photo Booth, Petting Zoo, Magic Shows, Face Painting, Balloon Animals, Pony Rides, Hand Ball Competition, Lucky Dips and Huge Raffle to be drawn on the night!

**SO COME ALONG AND
HAVE SOME FUN**

Pre purchase your arm bands at the office and receive a free sausage or hot dog and a pop top drink ☺

Arm bands are \$25.00 per child for unlimited rides

Please purchase them at the office before the night.

Bands will be for sale on the night at \$30.00 per arm band,

no sausage/hotdog or drink