



DATES TO REMEMBER

WEEK 5

WEEK 6

7th March

Prep Home Reading
Information Night

9th March

Prep Incursion
Responsible Pet
Ownership Program

RESILIENCE IN CHILDREN

Over the next few newsletters, I will be providing information about what has been identified as one of the most important traits necessary for children to succeed. Resilience! By working together, parents and schools can help teach and promote this trait within children.

WHAT IS RESILIENCE?

Resilience is the ability to bounce back from frustrations and to recover from setbacks. Resilient individuals adapt to change, stress or problems and are able to take things in their stride. The result of this bouncing back is a feeling of success and confidence.

WHAT TRAITS DOES A RESILIENT CHILD POSSESS?

According to the study *Fostering Resiliency in Kids* by Bonnie Bernard (1991), resilient children have the following attributes in common:

Social Competence – Resilient children respond to others and elicit responses from others easily.

They are active, both physically and socially, show signs of being flexible (even in infancy) and adapt well to change. Quite often, resilient children have a great sense of humour and can laugh at life's situations and themselves.

Problem-Solving Skills – Resilient children are able to think through challenging situations and follow through on finding a solution.

Autonomy – Resilient children know who they are, know they can act independently and feel a sense of control over their situations/ environments.

Sense of Purpose and Future –

Resilient children have a sense of purpose in what they do.

PREP FARM INCURSION

Such excitement and curiosity was displayed last week when the Prep students participated in a Farm Visit incursion.

Students will be maximising this experience to promote their oral language and understanding of their world. The Prep teachers have placed a strong emphasis on developing students' oral language competence which is essential for success at school and in general.

MEET and GREET

We will be holding our Meet and Greet interview sessions on March 21st for Gr 1-6 students and parents. This session will be held on an altered school day where students finish school at 1.00pm and Meet and Greet interviews will commence at 1.30pm. Big Childcare will be operating from 1.00pm for those students whose parents are unable to collect them at 1.00pm. Meet and Greet will provide parents, students and teachers with the opportunity to meet and discuss aspects which will impact on the students' learning. It is about furthering the partnership between home and school and working together for the success of all our students. Details re booking etc. will follow in the next newsletter.

Please mark this date in your diaries to enable you to make arrangements suitable for your family.

BUILDINGS AND GROUNDS

We continue to have major maintenance works taking place in our school grounds, which short

term is an inconvenience to a degree but which will be of great benefit to us in the not so distant future. As this work is out of our control, we just need to make the best of the situation and what comes our way at short notice etc. We are showing resilience in managing this situation.

21ST CENTURY LEARNING AT RHPS

21st Century Learning has exploded with a wave of enthusiasm and engagement for 2018 here at Roxburgh Homestead Primary School! Our new year 5 students have picked up where the school left off last year, programming drones to operate independently, whilst considering the ethical implications of their uses.

In the coming weeks, year 4 students will begin taking part in the Sphero Games where they will pit programmed robots against each other. Our students will not only code Sphero robots to participate in a series of events, but will discuss and analyse ways to ensure the contest is fair.

Finally, early Term 2 will see excited year 6 students exploring artificial intelligence. They will design and build semi-autonomous robots to help them in their daily lives.

This is just to get us started in 2018!



**Yours in Learning,
Julie Lowerson**

إذا كنت بحاجة إلى مساعدة لفهم هذه الملاحظة يرجى الاتصال بالإدارة العامة للمدرسة
Bu notu anlamada herhangi bir yardima ihtiyaciniz olursa, lutfen genel ofisini arayin.

School Council Elections

We are beginning our School Council election process for 2018 and wish to advise that nominations are open from 23rd February and will close on the 2nd March. We currently have three vacancies and call upon parents who believe they would like to be considered for a position on the Council. School Council is the governing body of the school and assists in setting our strategic direction. School Council meets eight times a year and members are eligible to hold specific positions on this Council. If you would like further information, please come and see me. If you would like to nominate yourself or another consenting parent, please come to the office and complete the appropriate form.



SCHEDULE 4: NOTICE OF ELECTION AND CALL FOR NOMINATIONS

An election is to be conducted for members of the school council of

Roxburgh Homestead Primary School

Nomination forms may be obtained from the school and must be lodged by **4.00 pm on 02/03/2018.**

If a ballot is required this will close at **4.00 pm on 09/03/2018.**

Following the closing of nominations a list of the nominations received will be posted at the school.

The terms of office, membership categories and number of positions in each membership category open for election are as follows:

MEMBERSHIP CATEGORY	TERM OF OFFICE	NUMBER OF POSITIONS
Parent member	From the day after the date of the declaration of the poll in 2018. to and inclusive of the date of the declaration of the poll in 2020.	3
DET employee member	From the day after the date of the declaration of the poll in 2018 to and inclusive of the date of the declaration of the poll in 2020	1

If the number of nominations is less than the number of vacancies, a notice to that effect and calling for further nominations will be posted in a prominent position at the school.

A handwritten signature in blue ink that reads "Julie Lowerson".

Principal
Julie Lowerson

Student Wellbeing

Anaphylaxis

There are students in our school who have severe allergic reactions and may be prone to Anaphylaxis. It is our school's responsibility to ensure communication is provided for all parents, teachers and students, of recommended strategies to support their well-being.

What are allergies?

Allergies occur when the immune system produces antibodies against substances in the environment (allergens) that are usually harmless. Once allergy has developed, exposure to the particular allergen can result in symptoms that vary from mild to life threatening (**anaphylaxis**).

Food allergies are the most common triggers for an anaphylactic reaction. Eight foods cause 90% of food allergic reactions in Australia and can be common causes of anaphylaxis.

These are:

- peanuts
- soybean
- fish and shellfish
- tree nuts (e.g. hazelnuts, cashews, almonds)
- egg
- cow's milk
- wheat
- soybean
- fish and shellfish

The most important aspect of the management of children with anaphylaxis is avoidance of any known triggers. Schools need to work with parents and students to ensure that certain foods or items **are kept away from the student, to prevent exposure to known triggers while at school.**

How can anaphylaxis be prevented?

The key to prevention of anaphylaxis in schools is knowledge of those students who are at risk, awareness of triggers (allergens) and prevention of exposure to these triggers.

Please discuss with your child/ren, these General Food Policy Measures

There should be no trading or sharing of food, food utensils and food containers.

Bottles, other drinks and lunchboxes provided by parents or their children should be clearly labelled with their child's name.

Hand washing is important before eating.

We appreciate your understanding and support.

Staff Profile

Hi, my name is Karen Bodilly and I have been teaching Performing Arts at R.H.P.S. for 8 years. Before making the shift to primary teaching, I worked as a Drama and Media teacher in secondary schools both here and overseas. I have a degree in, and personal passion for everything arty – from singing to dancing and music but my main interest is acting and the theatre. I enjoy

working with the students at R.H.P.S. every day - from the little preppies all the way up to our school leaders in grade 6. At home, I am a busy mum of a gorgeous three year old boy and a very over-excited black Labrador.

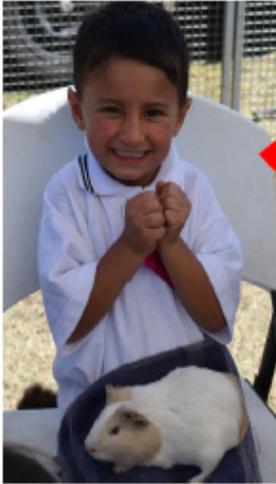
*Performing Arts
Coordinator*



Karen Bodilly

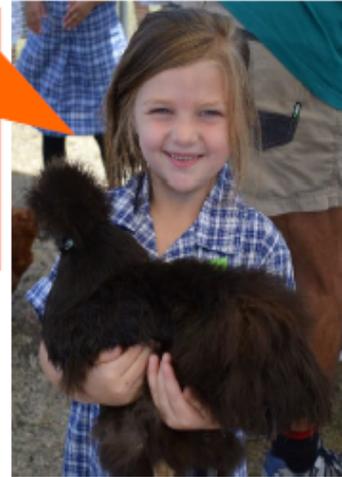
Student Showcase

Prep Farm Visit



I was excited because I wanted to go to the farm-
ALI

I was holding the chicken and it felt like a pillow-
LAYLA



On Friday 16th February the animals from Peninsula Mobile Farm visited the Prep students at Roxburgh Homestead Primary School. The day provided students with hands on interactions with many friendly farm animals including, calves, lambs, kids, rabbits, guinea pigs, chickens, a sheep dog and even a cow. The students were able to pat, hold and feed the animals with the help of Farmer Geoff.



The chicken was heavy on my head. It was fun -
CHRIS

I was scared to feed the cow, but he was very friendly-
EREN



The goat was very friendly, I was brushing him-
ECE

Change in Session

Dear Parents/Carers,

Roxburgh Homestead Primary School will be operating with a different daily schedule and timetable in 2018. We will monitor this change across the year to determine the benefits of making this a permanent arrangement.

In 2018, will be changing from a 5 session to a 6 session day, which will alter the times that students go out for breaks and also impact school finish time. We will finish school in 2018, at 3.20. Our break times are scheduled to align with new DET requirements.

The school day will run as follows-

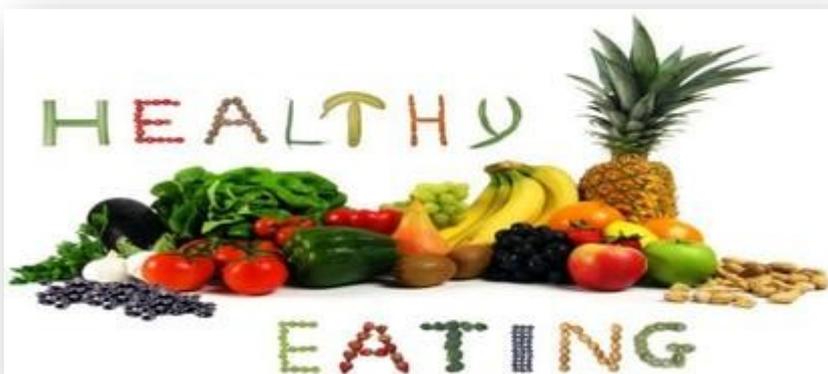
9:00am to 9:50am- Session 1
9:50am to 10:40am- Session 2
10:40am to 11:30am- Session 3

11:30 to 11:40am- Lunch eating time
11:40am to 12:20pm- Lunch break

12:20pm to 1:10pm- Session 4
1:10pm to 2:00pm- Session 5
2:00pm to 2:30pm- **afternoon break**
2:30pm to 3:20pm- Session 6

During class time students will continue to be encouraged to have 'Grazing Food' with them that they can snack on at any time throughout the day. Grazing food includes anything that doesn't come from a packet and is healthy in order to give students a brain boost. All children are encouraged to have a filled water bottle with them at all times during class.

We appreciate your taking note of these changes and working with us next year to ensure our new schedule is in place.



Change in Session Times

31/1/2018

الاهلي الاعزاء،

الجدول اليومي للدروس في مدرسة روكبر هومستيد الابتدائية سيتغير في هذا العام 2018. سوف نراقب هذا التغيير خلال السنة الدراسية للتأكد من أنه لفائدة الجميع ثم نحدد اذا كان سيكون هذا التغيير دائمي.

في هذا العام 2018 سيتغير الجدول من 5 حصص دراسية الى 6 حصص يومياً، حيث سيؤثر على وقت الفرص. سينتهي الدوام المدرسي الساعة **3.20 ظهراً**. وأوقلت الفرص وضعت حسب الجدول الذي تتطلبه وزارة التعليم.

اليوم الدراسي سيكون كالآتي:

الحصة الاولى من 9.00-9.50 صباحاً.

الحصة الثانية من 9.50-10.40 صباحاً.

الحصة الثالثة من 10.40-11.30 صباحاً.

وقت أكل الغداء 11.30-11.40 صباحاً.

فرصة الغداء 11.40-12.20.

الحصة الرابعة من 12.20-1.10 ظهراً.

الحصة الخامسة من 1.10-2.00 ظهراً.

فرصة الظهر 2.00-2.30 ظهراً

الحصة السادسة من 2.30-3.20 ظهراً.

سيتم تشجيع الطلاب خلال الوقت في الصف لجلب بعض الاكلات البسيطة لتناولها في اي وقت خلال اليوم والذي ينصح به أن يكون أكل صحي الذي يعطي طاقة ونشاط للعقل. نشجع الطلاب لجلب قنينة ماء للشرب منها طول الوقت.

نحن نشكر تفهمكم لهذه التغييرات وتعاونكم معنا لتطبيق جدولنا الدراسي الجديد.

مع تحيات

مديرة المدرسة

Değerli Veliler,

Roxburgh Homestead İlköğretim Okulu 2018'de farklı bir günlük program'ile başlayacaktır. Bu yapılan yeni düzenleme'nin yararlarını belirlemek için yıl boyunca bu değişikliği izleyeceğiz.

2018 yılında seans'lar günde 5 'ten 6 seans'a geçecektir, bu değişiklik öğrencilerin mola ve okul bitiş saatinde etkiliyecektir. Okul saat 3:20'de bitecektir. Mola saatlerimiz Eğitim Bakanlığı'nın yeni kuralları'ile uyum sağlayacak şekilde olması için planlanıyor.

Okul gunumuz bu şekilde olacaktır:

09:00am – 9:50am – 1'nci Seans

09:50am – 10:40am – 2'nci Seans

10:40am – 11:30am - 3'ncü Seans

11:30am – 11:40am - Öğle yemeği yeme süresi

11:40am – 12:20pm - Öğle molası

12:20pm – 1:10 pm- 4'ncü Seans

1:10pm – 2:00pm – 5'nci Seans

2:00pm – 2:30pm - İkinci mola

2:30pm – 3:20pm – 6'nci Seans

RHPS is proud to be participating in the.....

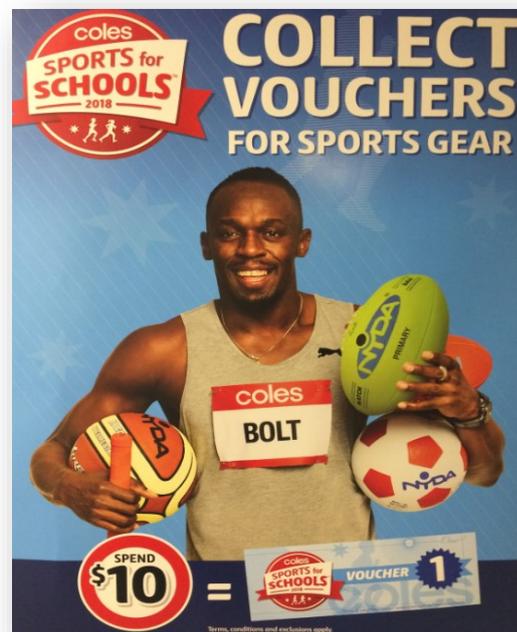
COLES SPORTS FOR SCHOOLS PROGRAM.

Collect your vouchers at **COLES Supermarkets** and drop them in the boxes at **Coles Greenvale** or **Coles Roxburgh Park**.

We also have a collection box at RHPS in the office foyer.

The more we collect the more awesome equipment we can get!

Thank you for your support it is greatly appreciated.



**Coles Greenvale and Roxburgh Park
Collection Boxes**



Office Foyer Collection Box

New 2018 Canteen Menu

The canteen is currently operating out of the Gym Foyer until further notice.

Lunch time is now at 11.30am so due to the change in times

unfortunately no lunch order will be accepted after 9:15am.

Roxburgh Homestead Primary School Canteen Menu - 2018

Please put name, grade and order on a brown lunch bag clearly. If you are using the re-usable lunch bags, please write order on a piece of paper and place it in the zippered pouch. Lunch bags can be provided for 10c extra.

DRINKS & SNACKS (Available over the Counter)			
Water	\$1.00	Homestyle Yum Yum Balls	\$0.50
Chocolate or Strawberry Milk	\$2.20	Homestyle Cookies	\$0.50
Apple, Orange, Apple & Blackcurrant, Tropical Juice Varieties	\$2.00	Paddle Pop Icy Twist	\$1.20
Quench Flavoured Mineral Water Orange, Lemon/Lime, Lemonade, Apple/Raspberry, Blue Haven	\$2.50	Zing	\$1.00
Slush Puppies	\$2.00	Calippo	\$1.00
Variety of Chips & Popcorn	\$1.50	Jelly Cup	\$1.00
Gingerbread	\$2.00	Frozen Jellies	\$0.50
Homestyle Muffins (Large)	\$1.00	Fruit Salad Tub	\$1.00
Homestyle Muffins (Mini)	\$0.50	Moosies	\$1.20
		Shakey Shake	\$2.00
		Seasonal Fruit	\$0.50

Example Order

Student Name	
Room Number	
Teachers Name	
1 x Hot Dog	\$3.50
1 x Tomato Sauce	\$0.30
1 x Apple Juice	\$2.00
TOTAL	\$5.80

Please ensure correct money for the lunch order is enclosed. If not, your child may miss out on some items

Some item may contain traces of nuts.

Prices are subject to change

★ FROZEN ITEMS ONLY AVAILABLE OVER THE COUNTER – NOT IN LUNCH ORDERS.

A VARIETY OF HOT AND COLD SNACKS WILL BE AVAILABLE TO PURCHASE OVER THE COUNTER

Roxburgh Homestead Primary School Canteen Menu - 2018

Please put name, grade and order on a brown lunch bag clearly. If you are using the re-usable lunch bags, please write order on a piece of paper and place it in the zippered pouch. Lunch bags can be provided for 10c extra.

	SANDWICH BAR (white or wholemeal)		HOT FOOD	
FRIDAY FUN FEAST Hot Dog & Quench Drink \$5.00 FRIDAY ONLY	Vegemite or Cheese	\$2.00	Chicken Nuggets (3 pack) H	\$3.20
	Salad (Lettuce, Tomato, Carrot, Cheese, Cucumber)	\$4.00	Chicken Tender Wrap with Lettuce, Tomato & Mayonnaise H	\$4.20
	Garden Salad Tub (Lettuce, Tomato, Carrot, Cheese, Cucumber)	\$3.00	Corn Cob V	\$1.00
PACK 1 Chicken Tender Wrap, Box of Sultanas and Water \$5.00	BURGERS		Giant Chicken Nugget H	\$2.00
	Chicken Only H	\$3.00	Hash Brown (large oval) V	\$1.00
	Chicken and Cheese H	\$3.50	Hot Dog H	\$3.50
PACK 2 Sweet Chilli Tender Wrap, Box of Sultanas and Water \$5.00	Chicken and Lettuce H	\$3.50	Hot Dog with Cheese H	\$4.00
	Beef Only H	\$3.00	Meat Pie H	\$3.50
	Beef and Cheese H	\$3.50	Pastie V	\$3.50
PACK 3 Tempura Battered Fish, Salad Tub and Water \$6.00	Beef and Lettuce H	\$3.50	Sausage Roll H	\$3.50
	Fish Only	\$3.00	Steamed Dim Sim H	\$1.00
	Fish and Cheese	\$3.50	GLUTEN FREE	
	Fish and Lettuce	\$3.50	Sausage Roll GF	\$4.50
	SAUCES		Chicken Nuggets (3 pack) GF	\$4.20
	Tomato, Barbeque, Sweet Chilli, Mayonnaise, Tartare	\$0.30	H – Halal Option Available V – Vegetarian GF – Gluten Free H/M – Home Made	

PLEASE MARK CLEARLY IF YOU REQUIRE THE HALAL, GLUTEN FREE OR VEGETARIAN OPTION